

Dear Parents—

Our school has officially started Jump Rope For Heart with the American Heart Association.

Make your child a member of the #ScareSquad & help us fight heart disease! Remember, you can score JAX, the plush monster by earning \$150 online by **Thursday, November 9th at 5:00**

a.m.! Get started now at www.heart.org/Jump or download the Jump/Hoops App ([App Store](#) for iPhone or [Google Play](#) for Android)



Thanks for making our community heart healthy!